

NEVER TOO OLD FOR NMDVR SERVICES

Many participants in New Mexico Division of Vocational Rehabilitation (NMDVR) programs are still in school or just on the cusp of beginning their careers. At age 81, **Dr. Kenneth Lindsey** is proof that you're never too old to need—and benefit from—NMDVR services.

Dr. Lindsey is a chiropractor and is now a board-certified hypnotherapist living in Clovis, NM. In early 2021, he tripped, hit his head on a table, and suffered a concussion and whiplash. With the concussion affecting his balance, he soon had a second fall. The resulting neck and back pain and spinal dysfunction meant he no longer had the force and torque in his body to effectively continue giving spinal adjustments to his patients.

Through his practice in California and Arizona earlier in his career, Kenneth had partnered with vocational rehabilitation agencies to assist his patients who had traumatic injuries. So, when he needed help himself, he knew where to turn.

“In Kayla (Damron), I found someone who was compassionate, but not an enabler,” Dr. Lindsey says of the agency’s Vocational Rehabilitation Counselor in Clovis. “We discussed several ways that I could do something different, with minimal movement.”



Once his disability was confirmed, NMDVR helped fund his return to school: remote learning through the Hypnotherapy Academy of America in Albuquerque. In his earlier practice, he had been using old-style hypnotherapy. But, he says, the world has changed dramatically, and now he is trained in the advancements in his field.

“You’ve put me in a position where I now have the tools to implement what I’ve been trained to do,” says Lindsey of the services NMDVR provided for him. “**There are hundreds of other ways to do things. It’s given me a completely different mindset.** I personally considered it an answer from heaven.”

Kenneth does “not do retirement well,” and plans to work another 19 years—until his 100th birthday. “I’m forming a new business plan and reinventing myself to modern-day technology.”

His new skill set, gained with assistance from NMDVR, allows him to continue to help others, but without having to bend over a table. “**I went from someone who said they can’t, to someone who can,**” he adds.

“Your first stop should be DVR,” Dr. Lindsey advises anyone with a new or previously existing disability. **“Those experts can determine the best way to assist you** in returning to the workforce. DVR met every expectation I had and surpassed it—and continues to do so.”

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