New Mexico Independent Living Annual Report FY 2023

What is Independent Living?

Five Centers for Independent Living (CIL) statewide

Each Center is a unique, non-residential, nonprofit service organization

Services are offered from birth to death to people with physical, sensory, intellectual, cognitive, mental health and any other disabilities

Services and supports assist individuals with disabilities in setting and achieving goals related to living as independently as possible

Programs * Services

Employment Services

Multi Media and Computer Labs

Attendant Services

Housing Services and Home Modifications

Transportation Services

Health and Wellness Programs

Assistive Technology and Durable Medical Equipment

Exercise and Recreational Activities

Community Education

ADA Technical Assistance

Children and Youth Services

Core Services

Independent Living Skills Training

Advocacy-individual and systems

Information and Referral

Peer Support/Support Groups

Transition Services

School to adult life

Nursing Facility

Remaining in community

What Was Accomplished (Oct.1, 2022 thru Sept. 30, 2023)

A total of 3818 people with disabilities served

Provided services in 28 of the 33 counties

22 New Mexicans with disabilities moved or in the process of moving from nursing homes/institutions to

2954 people with disabilities learned personal care, coping, financial management, social skills and household management

New Mexico CILs helped 67 people with disabilities gain access to transportation

959 New Mexicans with disabilities gained access to housing or home modification

62 youth with disabilities received assistance towards transition goals

953 people with disabilities have reached or in the process of reaching Personal Resource Management goals

112 New Mexicans with disabilities received Assistive Technology

For more information and to learn where the Centers for Independent Living are located please visit the New Mexico Statewide Independent Living Council (NM SILC) website at:

https://www.dvr.state.nm.us/state-independent-living-council/

The mission of the NM SILC includes a philosophy of consumer control, peer support, self-help, self-determination, equal access and individual and system advocacy, in order to maximize opportunities for individuals with disabilities, and the integration and full inclusion of individuals with disabilities into the mainstream of society.